



Traumatic Brain Injuries Among the Military

DIAGNOSTICS

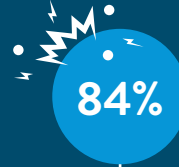
BY THE NUMBERS



TBIs reported yearly in the U.S., although true number is estimated to be much higher¹



diagnoses among service members worldwide since 2000²

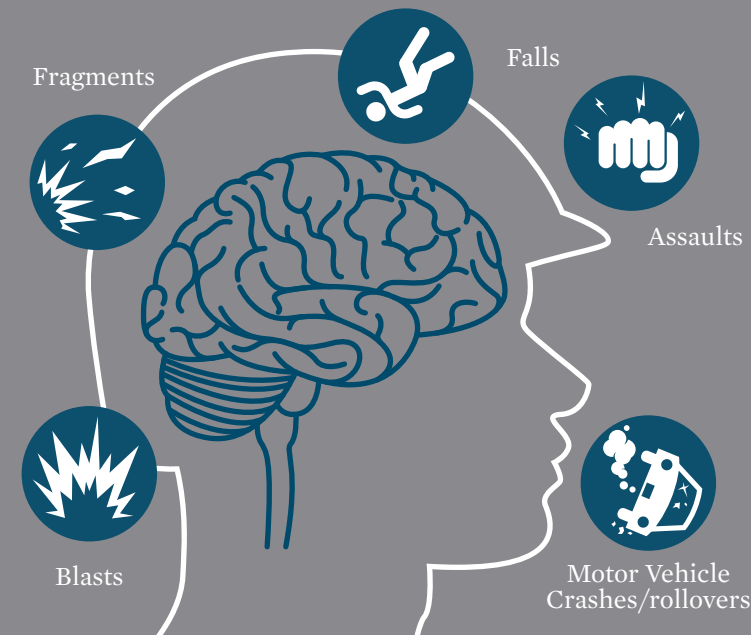


of TBIs in the military occur during training, accidents, illness and non-combat³



of TBIs in the military happen during deployments or combat³

LEADING CAUSES OF TBI AMONG THE MILITARY⁴



COMMON SIGNS / SYMPTOMS³



PHYSICAL

Headache; fuzzy or blurry vision; nausea or vomiting (early on); dizziness; sensitivity to noise or light; balance problems; feeling tired or lacking energy



EMOTIONS/MOOD

Irritability; sadness; being more emotional than usual; nervousness or anxiety



THINKING/REMEMBERING

Difficulty thinking clearly; feeling slowed down; difficulty concentrating; difficulty remembering new information



SLEEP

Sleeping more or less than usual; trouble falling asleep



IF IN DOUBT, SIT IT OUT⁵

Those who seem to have suffered a TBI should immediately be evaluated by a licensed health care provider

To learn more about concussion, please visit www.abbott.com and www.brainline.org

REFERENCES

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2. Department of Defense worldwide numbers for TBI. Defense and Veterans Brain Injury Center. Website: <https://dvbic.dcoe.mil/dod-worldwide-numbers-tbi>. Accessed Sept. 3, 2014.
3. Information provided to Abbott by U.S. Department of Defense. Represents data for traumatic brain injuries from 2000 through 2011.
4. TBI basics. Defense and Veterans Brain Injury Center. Website: <http://dvbic.dcoe.mil/about-traumatic-brain-injury/article/tbi-basics>. Accessed August 19, 2014.
5. Skerrett, P.J. New concussion guidelines say "When in doubt, sit it out." Harvard Health. March 18, 2013. Website: www.health.harvard.edu/blog/new-concussion-guidelines-say-when-in-doubt-sit-it-out-201303185994. Accessed Sept. 3, 2014.